

Closed Ileocecal Valve Syndrome Symptoms

Symptoms usually improve after getting out of bed and moving around.

Symptoms usually intensify with inactivity.

Shoulder Pain

Sudden Low Back Pain

Pain Around Heart

Dizziness

Flu Symptoms

Pseudo Bursitis

Pseudo Sacroiliac Strain

Tinnitus

Nausea

Faintness

Pseudo Sinus Infection

Pseudo Hypochlorhydria

Headache

Sudden Thirst

Pallor

Dark Circles Under Eyes

Bowl Involvement

Eliminate From Your Diet

All Roughage Foods, which includes:

Popcorn
Potato Chips
Nuts
Seeds
Whole Grains
Etc...

Raw Fruits & Vegetables, which includes:

Celery
Cabbage
Lettuce
Carrots
Apples – Oranges
Salads
Pickles – Tomatoes
Etc...

These foods can be eaten if cooked and will cause no problems:

Spicy Foods, such as:

Chili
Peppers
Tacos
Black Pepper
Paprika
Cinnamon
Etc...

No Liquors or Alcoholic Beverages

No Cocoa, Chocolate, or Caffeine Products